

Specialty Growth Hormone Medications at CHOC

Nutropin AQ® NuSpin®(somatropin) Injection

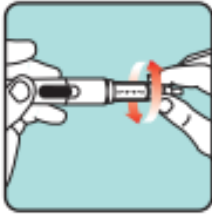
[Click for Additional Information on Nutropin AQ®](#)



How to Give Your Dose:

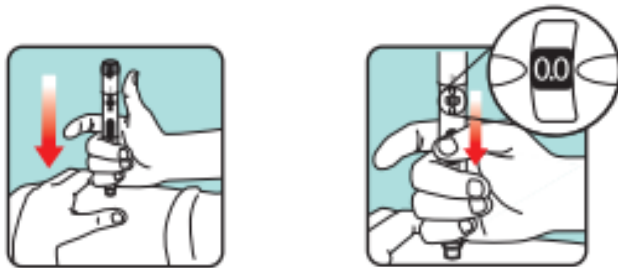
1. Wash your hands with soap and water.
2. Clean the skin at and around the injection site.
 - a. Stomach (avoid 2 inches around the navel)
 - b. Front of thighs
3. Pull off the pen cap and turn the pen upside down 1 or 2 times to check that the NuSpin® in your pen is clear and colorless. If it is cloudy, do not use the pen.

4. When you are ready to give the injection, take a **new** disposable



needle, remove the paper tab, and push the needle straight onto the pen. Turn the needle **clockwise** until it is on tight.

5. Pull off outer needle cap and dispose of it. Do **not** use a bent or damaged needle.
6. Turn the dose counter to the correct dose in mg.
7. With your free hand, gently grasp or pinch a large area of the skin at the injection site and hold firmly for the entire injection procedure
8. Position the needle end of the pre-filled pen at a right angle (90 degrees) to the skin, so that you can see the window. One or more bubbles in the window is normal.
9. Press and hold the dose button until the dose counter shows “0” **and**



lines up with the dose pointer. Continue to hold the needle to the skin for **6 seconds**.

10. Carefully remove the needle from the pen by turning it counterclockwise. Place the needle in a sharps disposal container.
11. Put the pen cap on the pen after each use to protect the Nutropin ® from direct sunlight.

Nutropin Clinical Support Nurse Hotline:

1-866-NUTROPIN (1-866-688-7674)

- Provides information to patients, caregivers, and healthcare providers
- Injection training, device troubleshooting, drug stability, and product replacement
- Ability to order travel cooler, needle disposal container, and educational materials

Additional Resources:

Hormone Health Network
1-800-HORMONE
(1-800-467-6663)
hormone.org

Human Growth Foundation
1-800-451-6434
hgfound.org

The Magic Foundation
1-800-362-4423
magicfoundation.org