

20-second songs to sing while you wash your hands

Just the Way You Are – Bruno Mars

When I see your face
There's not a thing that I would change
'cause you're amazing
Just the way you are
And when you smile
The whole world stops and stares for a while
'Cause you're amazing
Just the way you are

Love on Top – Beyoncé

Baby it's you
You're the one I love
You're the one I need
You're the only one I see
Come on baby it's you
You're the one that gives your all
You're the one I can always call
When I need to make everything stop
Finally you put my love on top

Can't Hold Us - Macklemore

Can we go back? This is the moment
Tonight is the night; we'll fight till it's over
So we put our hands up
Like the ceiling can't hold us
Like the ceiling can't hold us **X2**

Mr. Brightside – The Killers

Jealousy, turning saints into the sea
Swimming through sick lullabies
Choking on your alibis
But it's just the price I pay
Destiny is calling me
Open up my eager eyes
'Cause I'm Mr. Brightside

Stressed Out – Twenty One Pilots

Wish we could turn back time,
to the good old days
When our momma sang us to sleep
but now we're stressed out
Wish we could turn back time,
to the good old days
When our momma sang us to sleep
but now we're stressed out

Some Nights – fun.

Some nights, I stay up cashing in my bad luck
Some nights, I call it a draw
Some nights, I wish that my lips could build a castle
Some nights, I wish they'd just fall off
But I still wake up, I still see your ghost
Oh Lord, I'm still not sure, what I stand for oh
What do I stand for? What do I stand for?
Most nights, I don't know anymore



Truth Hurts – Lizzo

Why men great 'til they gotta be great
Don't text me; tell it straight to my face
Best friend sat me down in the salon chair
Shampoo press, get you out of my hair
Fresh photos with the bomb lighting
New man on the Minnesota Vikings
Truth hurts, needed something more exciting
Bom bom bi dom bi dum bum bay

Whatever it Takes – Imagine Dragons

Whatever it takes
'Cause I love the adrenaline in my veins
I do whatever it takes
'Cause I love how it feels when I break the chains
Whatever it takes
You take me to the top I'm ready for
Whatever it takes
'Cause I love the adrenaline in my veins
I do what it takes

Song list compiled by CHOC Children's music therapist Kevin Budd.

