



Please bring photo identification and this Medical Clearance Record when you visit the Associate Health Dept. At least one in-person visit to the health office is required to complete this step.

**Step 1: CHOC Volunteer Medical Clearance Record**

**Volunteer Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Phone#** \_\_\_\_\_

In order to provide an optimal environment for our patients, all prospective volunteers must first be medically cleared. **Please provide documentation of immunization to the following diseases. If you do not have documentation, you must obtain vaccinations or blood titers with your healthcare provider:**

- **MMR** - Measles (Rubeola), Mumps, and Rubella (German Measles) - 2 vaccinations **or** blood titers proving immunity
- **Varicella** (Chickenpox) - 2 vaccinations **or** blood titers proving immunity.
- **Tdap** (Tetanus, Diphtheria, and Pertussis - whooping cough). If needed, our Associate Health Dept. will administer this vaccine free of charge on the same day the Volunteer badge is issued. (As well as the Seasonal Influenza Vaccine)

**You are also required to provide a QuantiFERON-TB Gold test or two Tuberculosis Skin (TB) tests:**

- **Effective 1/6/2020: CHOC's Associate Health Office is no longer offering TB Skin Tests**
- If the TB skin tests are done with your own medical provider, please note that they must be administered **at least** 7 days apart and not within 28 days after receiving a live (i.e. MMR, Varicella) vaccine.
- **QuantiFERON-TB Gold test** – Must be completed within 60 days of submitting your paperwork to the health office.
- **If you have history of a positive TB skin test**, please provide a negative chest X-ray report, completed within the past 12 months.

**Prospective volunteers under the age of 18:**

Volunteers under age 18 must be accompanied by a parent or guardian when visiting the Associate Health Dept. for their medical clearance. The only exception to this is when a volunteer is dropping off or picking up paperwork – at that time, Volunteers under 18 years of age may come alone. **Parent or Legal Guardian and volunteer must provide photo identification.**

**Associate Health Location:**

CHOC Children's Associate Health is located in building #17 on the campus map (found under step 1 of the onboarding link) off of Main Street and CHOC Court. No appointment is necessary but please come between the following hours on the listed days only: Monday-Friday, 6:30AM-6:00PM (Closed on holidays and weekends). **Please go to the Employee/Associate Parking gate and press the call box. State that you are here for Associate Health. You may park right in front of the Associate Health office (tan building/portables with blue awnings to your left).**

MEDICAL SCREENING RESULTS – <b>TO BE FILLED OUT BY CHOC'S ASSOCIATE HEALTH ONLY</b> (not your healthcare provider) with the documentation you provide			
TB Test	Date:		
MMR	#1 Date:	#2 Date:	Titer:
Varicella (Chicken Pox)	#1 Date:	#2 Date:	Titer:
Tdap	Date:		
Seasonal Flu	Date:		<input type="checkbox"/> Off Flu Season

\_\_\_\_\_  
Associate Health Nurse

\_\_\_\_\_  
Clearance Date

\_\_\_\_\_  
Volunteer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian (if under 18)

\_\_\_\_\_  
Date

# Frequently Asked Questions

## **Do I have to come in person to Associate Health?**

Yes, you must come in and show a valid (government issued) picture I.D. If you are under 18 both you and your parent/guardian must be present with a valid picture I.D.

## **Who fills out the health clearance form?**

The Health clearance form is filled in by CHOC, so a staff member from Associate Health must complete.

## **When can I visit Associate Health at Orange?**

You can visit Associate Health Monday-Friday from 6:30am to 6:00pm (if it is your first visit you must arrive before 5:30pm). No appointment is necessary. Please refer to the campus map found under step 1 of the onboarding link for directions.

## **What is the purpose of Tuberculosis Screening?**

The purpose is to test all volunteers for possible exposure to tuberculosis. A two-step (2 screenings) TB skin test or a Quantiferon-TB Gold Test must be completed on all new volunteers, unless known to be positive. You may have the TB Skin tests placed at your own health care provider done within the last year. It is the responsibility of the volunteer to return within 48 to 72 hours after placement to have the TB Skin test read. The second TB skin test must be placed at least 7 days after the first TB placement. If you decide to complete a QuantiFERON-TB Gold test, it must be completed within the past 60 days of submitting your paperwork to the health office.

Volunteers with known positive TB skin tests are required to have a negative baseline chest x-ray within 1 year of start date.

In the event of a hardship, please email [dvsonboarding@choc.org](mailto:dvsonboarding@choc.org).

## **What is the purpose of MMR and Varicella Immunity?**

To reduce the risk of contracting or transmitting measles, mumps, rubella and chicken pox by ensuring immunity amongst the volunteers.

Immunity will be determined by Associate Health based on documentation provided by the volunteer. Your documentation must show 2 dates for both MMR and Varicella immunizations. If you do not have documentation of proof of immunity, you must obtain blood titers through your health care provider and if not immune receive vaccinations.

## **Can I have the immunizations (MMR and Varicella) done at CHOC?**

No, you must show proof of immunizations or go to your healthcare provider to obtain the necessary blood titers and possible vaccinations. In the event of a hardship, please email [dvsonboarding@choc.org](mailto:dvsonboarding@choc.org).

## **What is the purpose of Tdap?**

To prevent tetanus, diphtheria, and pertussis (Tdap) among Volunteers, reducing the risk of spread to the patient population.

Tdap is a vaccine that protects against tetanus (lockjaw), diphtheria (thick covering in the back of throat), and pertussis (whooping cough).

You may obtain this vaccine from your health care provider, provide documentation or CHOC will vaccinate you free of charge.

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If you have any questions regarding our onboarding process, please feel free to contact Volunteer Programs at:

EMAIL: [dvsonboarding@choc.org](mailto:dvsonboarding@choc.org)

PHONE: 714-509-8196