

# PRIMARY CARE ADOLESCENT MEDICINE

## PHILOSOPHY

Adolescence is an exciting time of growth and discovery, and teens and young adults have their own unique needs. While the general pediatrician is skilled in providing care to adolescents, a subset of these patients have more complex and multidisciplinary needs than can be provided in the primary care setting. Our experienced team of board-certified adolescent medicine specialists are highly skilled and have the resources to care for these high-risk patients from 12-21 years of age. Additionally, while respecting a teen's desire for confidential care, our team takes into consideration the needs of the entire family helping them navigate through these difficult issues together.

## WHAT WE TREAT

### Eating disorders

- Bulimia Nervosa, Anorexia Nervosa, Avoidant Restrictive Food Intake Disorder, and other eating disorders
- A multidisciplinary approach contained in a single location

### Reproductive Health

- Management and implementation of oral and implantable contraceptive devices
- Confidential screening, diagnosis and management of sexually transmitted infections and sequelae for both females and males
- Standard preventative reproductive health maintenance
- Adolescent gynecological services

### Mental Health

- Mood disorders without comorbid conditions
- Simple pharmacologic management with integration of community mental health resources



### Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex and Asexual (LGBTQIA) Adolescent Health Care

- Counseling support
- Hormone therapy
- Health management of other associated conditions

## PROGRAMS AND SERVICES

- Inpatient consultative services
- Multidisciplinary Bulimia Nervosa, Anorexia Nervosa (BAN) Clinic
- Transgender Clinic
- Consultation services for complex social and medical cases

## HEALTH PLANS

CHOC Contracts with most major public and private healthcare programs including HMOs and PPOs.

# PRIMARY CARE ADOLESCENT MEDICINE

## MAIN OFFICE

CHOC Children's Health Center, Centrum  
1120 W. La Veta Ave., Suite 125  
Orange, CA 92868

## SCHEDULING

1-888-770-2462  
1-855-212-6740 (Fax)

## SPECIALTY CARE PHYSICIAN CONCIERGE SERVICE AND PINGMD®

Our physician concierge service expedites physician-to-physician communication with CHOC Specialists.

To connect with a physician concierge representative, please call 714-509-4013. Physicians are also available on pingmd®, a HIPAA-compliant digital care platform/app, which allows community pediatricians/staff to connect with CHOC's Specialists.

## PRIMARY CARE TEAM

### Board-Certified Adolescent Medicine Specialists

- Harvey Triebwasser, MD, Medical Director, Board Certified, Pediatric & Adolescent Medicine
- Terez Yonan, DO, MPH, Board Certified, Pediatrics & Adolescent Medicine

### Expert Pediatric Adolescent Medicine Providers

- Alexandra Roche, MD, Board Certified, Pediatrics & Obesity Medicine

### Leadership

- Anita Sankaran, MPH, Director of CHOC Children's Primary Care Network
- Charles Golden, DO, Executive Medical Director, CHOC Children's Primary Care Network

