

# ADHD – Recommended Books

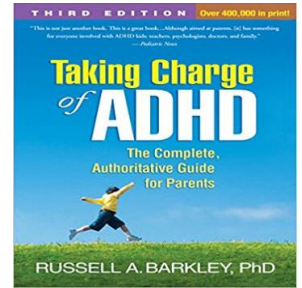
CHOC CHILDREN'S PSYCHOLOGY DEPARTMENT

## PARENTING STRATEGIES

### **Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents** Paperback | *April 15, 2013*

by Russell A. Barkley

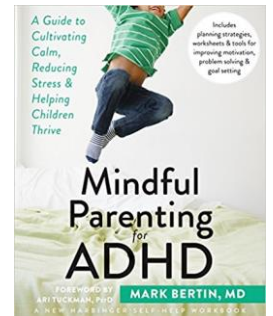
<https://www.amazon.com/Taking-Charge-ADHD-Third-Authoritative/dp/1462507891>



### **Mindful Parenting for ADHD: A Guide to Cultivating Calm, Reducing Stress, and Helping Children Thrive** | *Sep 1, 2015*

by Mark Bertin MD

[https://www.amazon.com/Mindful-Parenting-ADHD-Cultivating-Reducing/dp/1626251797/ref=sr\\_1\\_1?ie=UTF8&qid=1524004836&sr=8-1&keywords=mindful+parenting+for+adhd&dpID=51L3QkMbUiL&preST= SX218 BO1,204;=srch](https://www.amazon.com/Mindful-Parenting-ADHD-Cultivating-Reducing/dp/1626251797/ref=sr_1_1?ie=UTF8&qid=1524004836&sr=8-1&keywords=mindful+parenting+for+adhd&dpID=51L3QkMbUiL&preST= SX218 BO1,204;=srch)



### **Children: The Challenge: The Classic Work on Improving Parent-Child Relations-- Intelligent, Humane & Eminently Practical (Plume)** | *December 26, 1991*

by Rudolf Dreikurs and Vicki Stolz

[https://www.amazon.com/Children-Challenge-Improving-Parent-Child-Relations-Intelligent/dp/0452266556/ref=sr\\_1\\_1?ie=UTF8&qid=1518227192&sr=8-1&keywords=children+the+challenge](https://www.amazon.com/Children-Challenge-Improving-Parent-Child-Relations-Intelligent/dp/0452266556/ref=sr_1_1?ie=UTF8&qid=1518227192&sr=8-1&keywords=children+the+challenge)



### **The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children** | *May 20, 2014*

by Ross W. Greene, PhD

[https://www.amazon.com/Explosive-Child-Understanding-Frustrated-Chronically/dp/0062270451/ref=pd\\_bxgy\\_14\\_2?\\_encoding=UTF8&pd\\_rd\\_i=0062270451&pd\\_rd\\_r=K17N0PH3GEVW34SJZ7T6&pd\\_rd\\_w=IEEV2&pd\\_rd\\_wg=nqyxS&psc=1&refRID=K17N0PH3GEVW34SJZ7T6](https://www.amazon.com/Explosive-Child-Understanding-Frustrated-Chronically/dp/0062270451/ref=pd_bxgy_14_2?_encoding=UTF8&pd_rd_i=0062270451&pd_rd_r=K17N0PH3GEVW34SJZ7T6&pd_rd_w=IEEV2&pd_rd_wg=nqyxS&psc=1&refRID=K17N0PH3GEVW34SJZ7T6)

