



Suprapubic Tube Clamping Directions

Your child currently has a suprapubic tube (tube from their bladder to the surface of their belly) in place. This is common after some urological surgeries.

In order to safely remove this tube from your child so that they can resume their regular voiding habits we need to ensure that your child can void easily from their urethra (pee hole).

To do this we ask that parents clamp the suprapubic tube (directions below) and allow the child to urinate on their own through their urethra (pee hole) as normal. If your child is able to do this easily and has low residuals of urine (left over amounts of pee) after they void, we will be able to safely remove the suprapubic tube at their next visit.

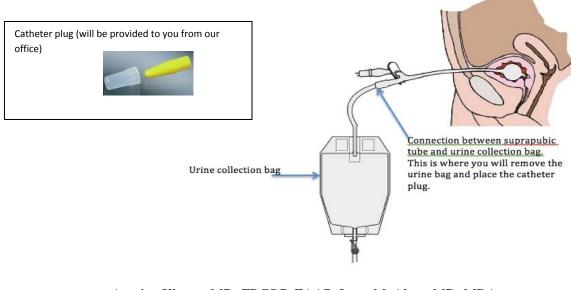
Where is this tube in my chid? The tube goes from your child's bladder through the wall of their abdomen to the surface of their belly. It drains urine from the bladder directly out through this tube, diverting it from the urethra (pee hole) after some surgeries. It is usually held in place with one suture (stitch) that will be removed in the office by a healthcare provider.

How to clamp the tube:

1) Have your child lie on their back and relax

2) Gently remove the urine collection bag from the catheter. Use your nail or finger to gently peel the soft end off of the harder plastic attached area, this will not hurt your child.3) Using the catheter plug provided by the office insert this into the catheter where the bag was attached. This will keep urine from coming out of the tube.

4) Dispose of the urine bag.



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How to measure the residual:

1) After your child has voided normally from their urethra (pee hole) please gently remove the yellow catheter plug from the end of the tube.

2) Urine MAY come out of the tube, this is the urine your child wasn't able to pee out. Please measure the volume that comes out of the tube and record it on the attached log.3) Once your residual volumes are nearly always under 30ml (1oz) please contact the office at:

714-509-3919 to set up an appointment to have the suprapubic tube removed in our office.

What should I watch for? While the tube is plugged no urine should come out from that tube. Your child's bladder will fill as it normally does with urine. Once they have the urge to void allow them to use the restroom to do some as they normally would. If your child is UNABLE to void, has extreme discomfort, urine retention, becomes nauseous or develops a fever UNCLAMP the tube. Do this by simply pulling the yellow catheter plug back out of the end of the tube and allow the urine to drain out of the tube. Should this occur please re-clamp the tube after draining all of the urine and let the child try to void again when they feel the urge. If fever persists please call the office: 714-509-3919

Date	Time	Residual left over (amount of urine that comes our of tube after your child has voided normally) (ml or oz)

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