



Children & Families
Commission of Orange County

Understanding Childhood Asthma

CHOC Clinic, Conference Room A
455 South Main Street, Orange, CA 92868

- Learn about childhood asthma.
- Instruction of asthma devices.
- Types of medications used for asthma patients.
- Triggers, and how to avoid them.
- Asthma action plans.
- Preparation for school.

Refreshments will be served

There is no fee for this class. Please call Maisie Crookes at (714) 289-4783 for further details and to register for classes.

Entendiendo el Asma Infantil

(Clases en inglés y español)
Clínica CHOC, Sala de Conferencias A
455 South Main Street, Orange, CA 92868

- Aprenda los aspectos básicos del asma infantil
- Instrucciones sobre el uso de los dispositivos para el asma
- Tipos de medicamentos para los pacientes asmáticos
- Factores desencadenantes y cómo evitarlos
- Planes de acción para el asma
- Preparación para la escuela

Se servirán refrigerios

Las clases son gratuitas. Para mayor información e inscripciones, por favor, comuníquese con Lisa Lara al (714) 532-7577

ENGLISH CLASSES	CLASES EN ESPAÑOL
February 7 , 2009	Enero 3 , 2009
April 4, 2009	Marzo 14 , 2009
May 30, 2009 Asthma Event	Mayo 30, 2009 Feria de Asma
June 6, 2009	Julio 11, 2009
August 1, 2009	Septiembre 12, 2009
October 3, 2009	Noviembre 7, 2009
December 5 , 2009	



CHOC/UCI COMMUNITY ASTHMA EDUCATION PROGRAM

Goals of Program:

- To reduce Asthma related school absenteeism
- To promote Asthma friendly environments
- To increase Asthma awareness for children and families
- To increase Asthma awareness of school staff and daycare workers
- To reduce Asthma related emergency room visits and hospitalizations

PROGRAMS OFFERED

Sesame Streets A is for Asthma with Elmo

- A 15-minute bilingual video about Asthma and what to do in case of an Asthma episode
- Video is geared for preschool children-2nd grade who suffer from Asthma
- Teaches the role of fellow classmates, teachers and caregivers in the event a child experiences an asthma episode.
- Nurse educators interact with children to cover other topics of Asthma such as environmental factors, which could play a role in Asthma.



Asthma and Your Child / Asma Y su Niño

- Program offered to parents and family members of Asthmatic children. Offered in both English and Spanish.
- Topics include: How to manage your child's asthma, medical documents needed at school, medications required at school/daycare, and how to control triggers in the home

Managing Asthma at School

- Program offered to schools, with its target group being teachers, school nurses, coaches, recess supervisors, and front office staff.
- This is a 30-minute power point presentation covering Asthma pathophysiology, signs and symptoms, triggers in the school, field trip tips, how to deliver different asthma medications and the importance of an Asthma Action Plan.
- Ideal for Staff development days, CPR and other medical training days or "Lunch and Learn" sessions may be offered as well.
- "Lunch and Learn" - Free lunch provided to all staff who RSVP for asthma presentation and lunch. Program provided during regular school staff lunch hour.



Preschool Surveys

- Asthma surveys provided for preschool programs by asthma nurse educators.
- Positive asthma surveys referred out to community resources such as CHOC Breathmobile.

Targeted Educational Sites

- Daycare/ Head Start Programs
- Preschools/Elementary schools
- Health Fairs
- Boys and Girls Clubs
- Family Resource Centers

Contact Information:

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