

OVERVIEW

The Air Power Games® are designed to provide 5-14 year-old asthmatic children with an opportunity to have fun participating in track and field events in a college setting. Children and parents will have an opportunity to visit information booths and learn about the health benefits of exercise for asthmatic children. Medical supervision will be provided.

AWARDS

All participants will receive a t-shirt and participation ribbon. Additional awards will be given for 1st through 6th place finishers.

RAFFLE

Children and their parents will earn raffle tickets for each activity that they participate in towards great prizes like a brand new bike!

QUESTIONS

Please call (714) 532-7573

****You must complete and return the registration form to the school nurse or the Breathmobile office by April 3 in order to participate. At least one parent/guardian must accompany the child to the event.***

CHOC Breathmobile
Attn: Christina Bernal
455 South Main Street
Orange, CA 92868

TRACK AND FIELD MEET

Children will be grouped for competition according to their age on the day of the meet.

Age groups are as follows:

5 & 6 year-olds

7 & 8 year-olds

9 & 10 year-olds

11 & 12 year-olds

13 & 14 year-olds

EVENTS

Children may participate in as many events as they would like. Please indicate which events he or she will be taking part in on your registration form.

Obstacle Course

High Jump (ages 7-14 only)

Long Jump

Softball Throw

50-Meter Dash

100-Meter Dash

200-Meter Dash

****Children must be diagnosed with asthma by their medical provider***

****Athletic attire is required for all participants***

****It is strongly suggested that clearance be obtained from the child's physician prior to participating in the Air Power Games®***

DIRECTIONS & PARKING

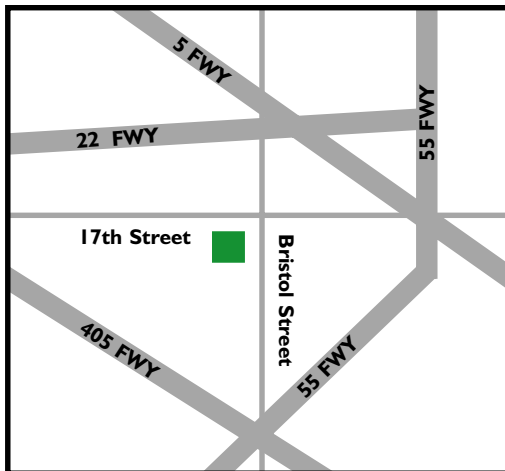
All events will be held on the track at Santa Ana College on Saturday, April 18, 2009. PARKING IS FREE.

Directions from the North:

5 South Fwy, get over to the right
Exit 22 Fwy W/La Veta Ave/Bristol St
Take the La Veta/Bristol St off-ramp
Left on La Veta Avenue
Right on Bristol Street
Right on West 17th Street
Sharp left to stay on West 17th Street

Directions from the South:

5 North fwy, exit 17th Street
Left on East 17th Street
Sharp left on West 17th Street



Support Provided By:

KOHL'S
expect great things

Children's Hospital of Orange County (CHOC), Asthma and Allergy Foundation of America (AAFA) and the CHOC Breathmobile™ invite you to participate in the



***A Track and Field Day
for Children Ages 5-14
Diagnosed with Asthma***

**Saturday, April 18, 2009
8:00AM - 2:00PM**

**Santa Ana College
1530 W. 17th Street
Santa Ana, CA 92706**

 **CHOC Children's.**