

CVICU Pain and Sedation Protocol



Adult Protocol - Intubated > 18 years or > 50kg	
Considerations	Notify provider when at maximum infusion rate Consider Toradol prior to opiates if clinically appropriate
Infusions	Fentanyl 0.5 mcg/kg/hr if < 50 kg (Max dose: 1.5 mcg/kg/hr); 50 mcg/hr if > 50kg (Max dose: 100 mcg/hr) and Dexmedetomidine 0.5 mcg/kg/hr (Max dose: 1.2 mcg/kg/hr) Midazolam 0.05 mg/kg/hr if < 50kg (Max dose: 0.2 mg/kg/hr); 1 mg/hr if > 50kg (Max dose: 3mg/hr) - if Dexmedetomidine contraindicated
Initial PRNs	Fentanyl 50mcg Midazolam 2mg Morphine 4mg Dilaudid 0.5mg
Incremental Infusion Change	Fentanyl 0.5 mcg/kg/hr or 25 mcg/hr (whichever lower) Dexmedetomidine 0.2 mcg/kg/hr Midazolam 0.05 mg/kg/hr or 0.5 mg/hr (whichever lower)
Exclusions	Toradol: ≤ POD 1, < 6mo, on active anticoagulation, renal injury/failure, thrombocytopenia

Adult Protocol - Intubated > 18 years or > 50kg

Anticipated intubation > 12hr
Begin Infusion

Anticipated intubation < 12hr
Use PRNs

Assess SBS, Pain Score every 2 hr and PRN

SBS > Goal
Consider non-pharmacologic interventions and consider Acetaminophen

SBS at Goal

SBS < Goal
Consider decrease in sedation infusion rate

Pain Score ≥ 4
Give Fentanyl PRN

Pain Score < 4
Initiate/increase Dexmedetomidine gtt

SBS < Goal
Contact Provider

Pain Score ≥ 4
Repeat additional PRN after 15 min x 2

SBS > Goal
Give Midazolam PRN

Pain Score ≥ 4
If ≥ 3 PRN doses given in 4 hours, consider initiating/increasing Fentanyl gtt
Notify Provider after 3rd PRN

SBS > Goal
Repeat additional Midazolam PRN after 15 min x 2

SBS > Goal
Consider delirium - Notify Provider

CVICU Pain and Sedation Protocol References

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